



CaSONYA THOMAS, MPA, CHC  
Director

### TRAVEL AND ATTENDANCE

**Tab 7**

	DATE/ TIME	EVENT	LOCATION	REQUEST TO ATTEND?	*BOS APPROVAL
<b>a</b>	April-May 2014	Calendar of Events	Refer to Tab 7a	N/A	No
<b>b</b>	March 2014	District Advisory Committee (DAC) Meetings	Refer to Tab 7b	N/A	No
<b>c</b>	Saturday 5/17/14 10am-12:30 pm	CA Institute of Mental Health (CiMH) Local Mental Health Boards/ Commissions (CALMHB/C) Webinar	BHC Training Webinars – Online registration required	Please let Debi know if you need assistance with registration	No
<b>d</b>	Saturday 4/19/14 10am-2:30pm	CiMH CALMHB/C Statewide Training: Understanding Program Evaluation (in-person)	Hotel Irvine 17900 Jamboree Rd. Irvine, CA 92614	Please advise Debi today	Notification rec'd too late to obtain BOS approval
<b>e</b>	Saturday 4/26/14 10am-12:30pm	CiMH CALMHB/C Training: Mental Health Board 101 (in-person)	Riverside County Mental Health, MHSA Admin & Training Room, 2801 University Ave, Suite 400 Riverside 92501	Please advise Debi today	Notification rec'd too late to obtain BOS approval
<b>f</b>	Thursday 5/1/14 12:45-1:45pm	Evidence Based Practice in Behavioral Health Services (During Behavioral Health Commission Meeting)	CSBHS 850 E. Foothill Blvd Rialto, CA - Auditorium	CEU's Provided: APA, BBS, BRN, CAADE	No
<b>g</b>	Thursday 5/8/14 4-6pm	Give BIG San Bernardino County	California Theatre 562 W. 4 <sup>th</sup> St San Bernardino, CA 92401	N/A	N/A
<b>h</b>	Thursday 5/22/14 2-6pm	May Mental Health Month DBH Expo	CSBHS Auditorium 850 E. Foothill Blvd Rialto, CA 92376		No
<b>i</b>	Wednesday 5/28/14 6-9pm	May Mental Health Month Evening with the Stars	San Bernardino Hilton 285 E. Hospitality Lane San Bernardino, CA 92408	Requested to attend: Chris, May, Troy, Veal, Sr. Carol, Mike, Akin, Monica W, Monica A	No
<b>j</b>	Fri-Sat Aug 1-2, 2014	NAMI CA 2014 Conference	Newport Beach Marriott 900 Newport Center Drive Newport Beach, CA 92660	Requested to attend: Troy, Susan, Chris, Monica A, Sr. Carol, Chris	<b>YES</b>

***\*Out of county travel requires Board of Supervisors approval. Please inform Debi of your attendance 60 days in advance to complete the necessary paperwork.***



# April 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	
	<b>7</b> 3:00 - 4:00 p.m. Veteran's Sub Committee San Bernardino Civic Building Contact: 909-252-4003	<b>8</b> 10:00 - 11:00 a.m. Asian Pacific Islander (API) Coalition Meeting DBH Training Institute 1950 S. Sunwest Lane, Ste. 200, San Bernardino, CA 92415 1:00 - 2:00 p.m. Spirituality Sub-Committee DBH Training Institute, 1950 Sunwest Lane, Ste. 200, San Bernardino	<b>9</b> 8:00 a.m. - 5:00 p.m. Maternal Mental Health Conference, Inland Regional Center 1425 Waterman Ave., San Bernardino, CA 92415	<b>10</b> 3:00 - 4:00 p.m. 2nd and 4th District Advisory Committee, Rancho Cucamonga Family Resource Center, 9791 Arrow Route, Rancho Cucamonga, CA 91730	<b>11</b>	<b>12</b>
<b>6</b>			<b>16</b> 11:00 a.m. - 12:00 p.m. 1st District Advisory Committee Victor Community Holistic Campus 15400 Cholame Rd., Victorville, CA 92392 10:00 - 11:00 a.m. Disabilities Sub-Committee DBH Training Institute 1950 S. Sunwest Lane, Ste. 200, San Bernardino, CA 92408	<b>17</b> 9:00 - 11:00 a.m. CPAC Meeting, CSBHS, 850 Foothill Blvd., Rialto 1:00 - 2:30 p.m. CCAC Meeting - CSBHS 2:30 - 3:30 p.m. COSAC Meeting - CSBHS	<b>18</b>	<b>19</b> 10:00 a.m. - 3:00 p.m. Healthy Muscovy Event, Inland Empire Job Corps, 3173 Kerry St., Muscovy, CA 92407
<b>13</b>	<b>14</b>	<b>15</b>		<b>24</b> 12:00 - 4:00 p.m. CAP Resource Fair, Jessie Turner Center 15556 Summit Ave., Fontana, CA 92336	<b>25</b>	<b>26</b> 10:00 a.m. - 4:00 p.m. No Drugs America Event, Hesperia Civic Plaza Park, 15833 Smoke Tree Lane, Hesperia, CA 92345
<b>20</b>	<b>21</b> 11:00 a.m. - 12:00 p.m. 3rd District Advisory Committee Teamm House Clubhouse 201 W. Mill St., San Bernardino, CA 92415	<b>22</b> 4:00 - 7:00 p.m. Kindergarten Readiness Fair, Lewis Library, 8437 Sierra Ave., Fontana, CA 92336 5:30 - 8:30 p.m. Child Abuse Prevention Fair, 66ers Game, San Manuel Stadium	<b>23</b>			
<b>27</b>	<b>28</b> 5:30 - 7:30 p.m. 5th District Advisory Committee, New Hope Family Life Center 1505 W. Highland Ave., San Bernardino, CA 92411	<b>29</b>	<b>30</b>	<b>3 continued</b> 2:00 - 3:00 p.m. Native American Awareness Committee Native American Resource Center, 2210 E. Highland Ave., Suite 101 and 102, San Bernardino, CA 92404	<b>16 continued</b> TAY Sub-Committee: 11:00 a.m. San Bernardino One Stop TAY Center 3:00 p.m. Rancho Cucamonga TAY Center	<b>17-19 Continued</b> CIMH Training- Understanding Program Evaluation, Hotel Irvine, 17900 Jamboree Rd., Irvine, CA 92614 (949) 230-4452 17th 5:00 - 10:00 p.m. 18th 8:00 a.m. - 6:00 p.m. 19th 9:00 a.m. - 4:00 p.m.

For further information contact: Karen Cervantes @ (909) 382-3118

## District Advisory Committee (DAC)

The County of San Bernardino Behavioral Health Commission is divided into five separate areas consistent with the five supervisory districts of the county. Additionally, each division has a sub-committee known as a District Advisory Committee (DAC).

The primary responsibility of the DAC is to provide the Department of Behavioral Health, through the Behavioral Health Commission, feedback on the unmet needs of the community for behavioral health services within the area and countywide. The DAC provides demographic data and other important information regarding the community and its resources.

### APRIL DAC MEETINGS

#### First District

Date: April 16, 2014  
Time: 11:00 a.m.—12:00 p.m.  
Place: Victor Community Holistic Campus  
Address: 15400 Cholame Rd., Victorville, CA 92392  
Contact: Chris Croteau 760-955-7287

#### Second District

Date: April 10, 2014  
Time: 3:00 p.m.—4:00 p.m.  
Place: Rancho Cucamonga Family Resource Center  
Address: 9791 Arrow Rte., Rancho Cucamonga, CA 91730  
Contact: April Guzman 909-854-3440

#### Third District

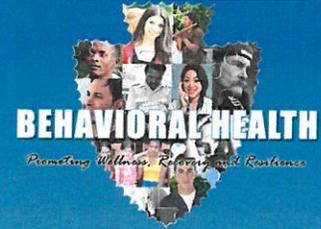
Date: April 21, 2014  
Time: 11:00 a.m.—12:00 p.m.  
Place: TEAM House  
Address: 201 W. Mill St., San Bernardino, CA 92408  
Contact: Debbi Cazarez 909-387-7219

#### Fourth District

Date: April 10, 2014  
Time: 3:00 p.m.—4:00 p.m.  
Place: Rancho Cucamonga Family Resource Center  
Address: 9791 Arrow Rte., Rancho Cucamonga, CA 91730  
Contact: April Guzman 909-854-3440

#### Fifth District

Date: April 28, 2014  
Time: 5:30 — 7:30 p.m.  
Place: New Hope Family Life Center—Auditorium  
Address: 1505 W. Highland Ave., San Bernardino, CA 92411  
Contact: Crista Wentworth 909-421-4606



### BEHAVIORAL HEALTH COMMISSION

**Susan McGee-Stehsel,**  
Chair, Fifth District

**Monica Wilson,**  
Vice Chair, Fourth District

**Akin Merino,**  
Secretary, Fourth District

**Veatrice Jews,**  
Treasurer, Fifth District

**Michael Grabhorn,**  
First District

**May Farr,**  
Second District

**Monica Alonso,**  
Second District

**Christopher Massa,**  
Third District

**Troy Mondragon,**  
Third District

**Sr. Carol Therese Grisotti,**  
Fourth District

**Jane Ann Godager,**  
Fifth District

**Supervisor James Ramos**  
Third District

#### **Clerk of the Commission**

**Debi Pasco**  
268 W. Hospitality Lane, Suite 400  
San Bernardino, CA 92415-0026  
e-mail: dpasco@dbh.sbcounty.gov  
Office: (909) 382-3134  
Fax: (909) 382-3105



# California Institute for Mental Health

## Statewide Webinar Trainings for Local Mental Health Boards/Commissions 2014

The Department of Health Care Services (DHCS) contracts with CiMH to provide trainings for Local Mental Health Boards and Commissions (LMHBC), including three Regional Hybrid Trainings for LMHBC members on issues related to public mental health and their roles and responsibilities. The overall objective is to enhance the capacity of LMHBC members to perform their primary functions of reviewing and evaluating their county's mental health programs and services, make recommendations on improvements needed, and increase statewide and regional access to education and training. The Regional Hybrid Trainings will be facilitated by Keris Myrick.

Once registered, you will receive an email confirming your registration with information you need to join the Webinar. The registration links are to the right. Meeting materials will be sent prior to the webinar. The webinars will be recorded and made available on the CiMH website.

Regional Hybrid Trainings are hosted by local County Mental Health Departments. This year's trainings will be held in Marin (January 25<sup>th</sup>), San Joaquin (March 22<sup>nd</sup>) and Shasta Counties (May 17<sup>th</sup>). Local participants may attend the Webinar in person, if desired.

### Click to Register!



Using the link below, you can register for this webinar. Meeting materials will be sent prior to the webinar.

Feel free to forward this invitation to any colleagues who may be interested.

Register for the webinar session now by clicking below. Hold down the "control" key while clicking on the link.

#### **Webinar #1** **Mental Health Boards 101 – Roles & Responsibilities**

[Sat, Jan 25, 2014 10:00AM- 12:30PM PDT](#)

Marin County

#### **Webinar #2** **Advanced Mental Health Board Training**

[Sat, Mar 22, 2014 10:00AM- 12:30PM PDT](#)

San Joaquin County

#### **Webinar #3** **Effective Advocating with Local Government**

[Sat, May 17, 2014 10:00AM- 12:30PM PDT](#)

Shasta County

Please contact Camile Duria if you have any questions:  
[cduria@cimh.org](mailto:cduria@cimh.org) (916) 379-5329

California Institute for Mental Health  
2125 19<sup>th</sup> Street  
Sacramento, CA 95818

11/D



California Institute for Mental Health

**Statewide Training for  
Local Mental Health Boards/Commissions**



**Understanding Program Evaluation  
How to Use Data to Measure Outcomes & Change  
Saturday, April 19, 2014  
Time: 10:00 am – 2:30 pm (lunch provided)  
Registration and coffee available at 9:15**

Hotel Irvine (formerly Hyatt Regency) • 17900 Jamboree Rd • Irvine CA 92614  
(949) 230-4452

**This training will include an overview of the California Mental  
Health Planning Council's Data Notebook Project**

**Who should attend:** Local Mental Health Board and Commission Members

**Registration Fee:** Free

**Hotel Information:** CiMH has a limited number of hotel rooms available at no charge for local Board & Commission members traveling from outside of the Southern California area for Friday, April 18<sup>th</sup>. Parking will be covered by CiMH for all the local Board & Commission members.

**Click HERE to register**

For more information, please contact Camile Duria at [cduria@cimh.org](mailto:cduria@cimh.org) or (916) 379-5329.



**Riverside County Department of Mental Health  
&  
The Mental Health Board**

In collaboration with the California Institute for Mental Health  
Hosts

**The “Mental Health Board 101” Training Session**

**Saturday April 26, 2014**

**10:00 am to 12:30 pm**

For all mental health board, regional board, and commission members  
in Riverside and San Bernardino Counties

The goal of this training is to instruct all members how to be of optimal  
service to the board you serve.

**MHSA Administration & Training Center**

**Metro Building – Training Room**

**3801 University Avenue, Suite 400**

**Riverside, CA 92501**

A continental breakfast will be served, and parking will be validated for  
all who are in attendance. **Reservations are required.** Please contact  
me by **April 7, 2014** to reserve a seat.

Thank you,  
Lisa Osipitan  
MHSA Administration/Mental Health Board Liaison  
[losipitan@rcmhd.org](mailto:losipitan@rcmhd.org)  
(951) 955-7141

Evidence Based Practices in Behavioral Health Services  
Veronica Kelley, LCSW, Deputy Director Department of Behavioral Health  
May, 1, 2014

**CEU's Provided: APA, BBS, BRN, CAADE**

- I. Introduction of Evidence Based Practices 15 minutes
  - a. Definition
  - b. History
  - c. Role in Contemporary Healthcare
- II. EBP's role in BH/ MHP
- III. EBP's role in SUD/NNA
- IV. Cognitive Enhancement Therapy- CET 10 minutes
  - a. Treatment areas
  - b. Populations
  - c. Settings
  - d. Requirements
- V. Moral Reconciliation Therapy-MRT 10 minutes
  - a. Treatment areas
  - b. Populations
  - c. Settings
  - d. Requirements
- VI. Seeking Safety 10 minutes
  - a. Treatment areas
  - b. Populations
  - c. Settings
  - d. Requirements
- VII. Matrix 10 minutes
  - a. Treatment areas
  - b. Populations
  - c. Settings
  - d. Requirements
- VIII. Efficacy of EBP's 5 minutes

**Course Description:**

This course addresses Evidence Based Practice (EBP's) in the field of Human Services with an emphasis on Behavioral Health. Attendees will be introduced to the history of EBP's and their historical place in treatment of mental illness and substance use disorders. A brief discussion will include current EBPs that may be effective in behavioral health, current EBPs used to fidelity at DBH and concerns and challenges with the use of EBPs.

**Objectives: After completing this training attendees will ...**

1. Know the definition of evidence based practices (EBPs).
2. The basic role of EBPs in contemporary healthcare, behavioral health and substance use disorder services.
3. Have a demonstrated understanding of treatment areas, populations, settings and requirements for Cognitive Enhancement Therapy, Moral Reconciliation Therapy, Seeking Safety and Matrix.
4. Have a demonstrated understanding of efficacy of EBPs.



Give BIG. Be GREAT.

*Join us at the historic  
California Theatre of Performing Arts  
as we celebrate  
Give BIG San Bernardino County*



Musical performances by:

*Loma Linda Brass Quintet and Sinfonia Mexicana's Mariachi Youth Academy*

**Thursday, May 8, 2014**

**4 p.m. - 6 p.m.**

**Wine, Cheese and Crackers**

*Your generous donations to the 24-hour fundraising web-a-thon\* will make a positive impact on children and their families in our local communities.*

**Give BIG! BE GREAT!**

*\*tech-savvy volunteers will be on site to assist with online donations.*

Donate online: [www.givebigsbcounty.org](http://www.givebigsbcounty.org) or call 909.379.0000

Non-profit partners:





# *Save the Date*

National Alliance on Mental Illness  
in collaboration with County of San Bernardino  
Department of Behavioral Health and Behavioral Health Commission  
cordially invite you to an



## *Evening with the Stars*

An Evening of Education and Recognition

**Wednesday, May 28, 2014**

**6:00 - 9:00 p.m.**

San Bernardino Hilton  
285 East Hospitality Lane  
San Bernardino, CA 92408

Dinner is \$40 per person  
R.S.V.P. and payments are due to  
Rachel Cierpich by May 14, 2014

For further information please call:  
Rachel Cierpich at (909) 382-3171,  
Rachel.Cierpich @dbh.sbcounty.gov  
or 7-1-1 for TTY users  
Please make checks payable to NAMI





[Back to main site >](#)

SHARE ...

## Register for the 2014 Annual Conference August 1 & 2

### **Newport Beach Marriott Hotel & Spa**

900 Newport Center Drive  
Newport Beach, California 92660

For Hotel Reservations call Toll Free: 1-866-440-3375

To make Hotel Reservations online [Click Here](#)

[Renew your membership or join today!](#)

For additional information regarding registration please contact Eugenia Cervantes at [Eugenia.Cervantes@namicalifornia.org](mailto:Eugenia.Cervantes@namicalifornia.org) or call us at 916-567-0163.

Please select from the following registration options.  
*\*Note: Select the appropriate registration option, based on the date(s) of the conference that you would like to attend. For example, if you would like to attend both days, select from one of the "2-Day" options.*

	Step 1: Prices	Step 2: Register	Step 3: Finish
<b>Quantity and Pricing</b>			
<b>2014 Early Bird Special Registration</b>			
2014 Early Bird Registration			
Friday, August 01, 2014			
<input type="text" value="0"/>	2 Day-Early Bird Registration-Member	Attendees: 1	\$170.00 ea.
<input type="text" value="0"/>	2 Day-Early Bird Registration-Non Member	Attendees: 1	\$205.00 ea.
<input type="text" value="0"/>	2 Day-Early Bird Registration-Consumer & Member	Attendees: 1	\$120.00 ea.
<input type="text" value="0"/>	2 Day-Early Bird Registration-Consumer & Non Member	Attendees: 1	\$155.00 ea.
<input type="text" value="0"/>	1 Day Early Bird Registration-Member-FRI	Attendees: 1	\$115.00 ea.
<input type="text" value="0"/>	1 Day-Early Bird Registration-Member-SAT	Attendees: 1	\$115.00 ea.
<input type="text" value="0"/>	1 Day Early Bird Registration-Non Member-FRI	Attendees: 1	\$150.00 ea.
<input type="text" value="0"/>	1 Day-Early Bird Registration-Non Member-SAT	Attendees: 1	\$150.00 ea.
<input type="text" value="0"/>	1 Day-Early Bird Registration-Consum&Mem-FRI	Attendees: 1	\$80.00 ea.
<input type="text" value="0"/>	1 Day-Early Bird Registration-Consum&Mem-SAT	Attendees: 1	\$80.00 ea.
<input type="text" value="0"/>	1 Day-Regular Registration-Consum&Non-Mem-FRI	Attendees: 1	\$115.00 ea.
	1 Day Early Bird Registration-Consum&Non-Mem-		