

# What is an Ally?

LGBTQ Sub Committee



## Ally Action Continuum

Actively  
Participating

Denying  
Ignoring

Recognizing  
No Action

Recognizing  
Action

Educating  
Self

Educating  
Others

Supporting  
Encouraging

Initiating  
Preventing

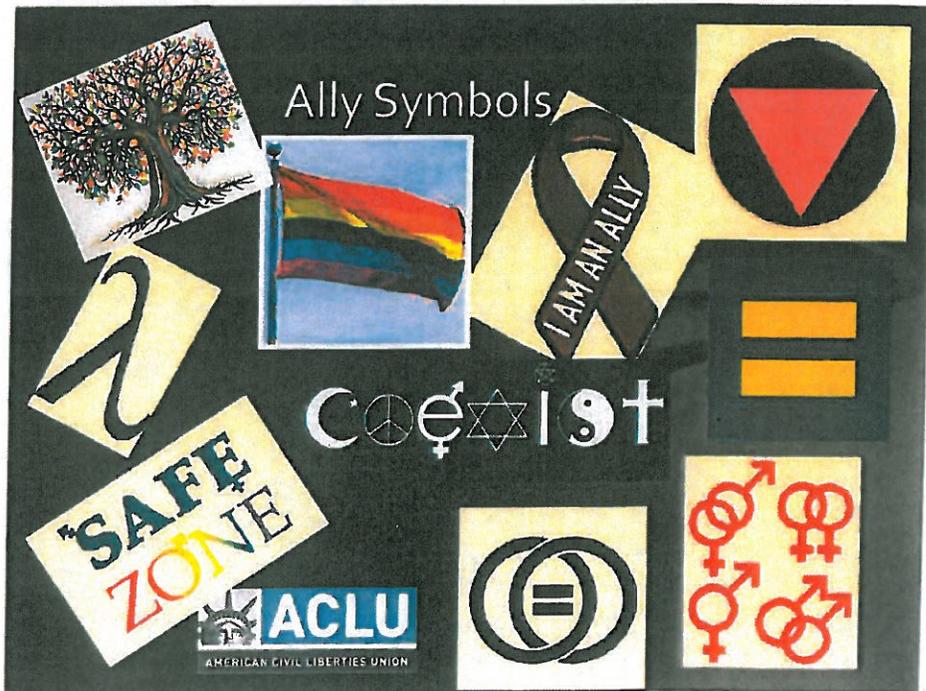
# LGBTQ Language

## SEXUAL ORIENTATION:

- Lesbian
- Gay
- Bisexual
- Pansexual/Omni-sexual
- Questioning
- Coming Out
- Heterosexism

## GENDER IDENTITY

- PGP
- Transgender
- Gender Non Conforming
- Gender Fluid/Queer



# Ally Action Plan

## FIVE IMPORTANT POINTS TO KEEP IN MIND

1. **Understand orientation and identity**
2. **Coming Out**
3. **Messages about homosexuality**
4. **Remember: Diversity and Culture**
5. **Know the resources available**

\*Presentation adapted from Ally Training Packet, The Queer Resource Center of the Claremont Colleges (with permission)

FOR MORE INFORMATION or  
to schedule an educational  
presentation

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