MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
September 5, 2013-12:00-2:00 pm

Commissioners Present:
Susan McGee-Stehsel, Monica Wilson, May Farr, Roberto Casas, Christopher Massa, Bill Swift, Troy Mondragon, Gabriel Gonzales, Jane Godager, Veatrice Jews, Monica Alonso and Supervisor James Ramos

Excused Absence: Mike Grabhorn, Akin Merino

Guests:
Omar Castro, Field Representative for Supervisor Josie Gonzales; Molly Wiltshire, Communications Director for Supervisor James Ramos; Supervisor Vikki Ostermann, County Administrative Office Analyst; Josue Castillo, Office of Assembly Member Cheryl Brown; Julianne Torres, Third District Representative; Beverly Scott, family member; Christina Glassco, South Community Services; Wayne Henkelmann, San Bernardino County Mental Health Court; David Pan, Telecare; Hanna Keith, , Community Hospital San Bernardino; Angel Camarillo, Reach Out/Inland Coalition; Faith Ikeda, Mike Kibbe, Gus Villagrane Jr, Michael Moreno, Charles Torres, Eric Culpepper, Matthew Parrell, Jose Lopez, Patricia, Kim, Pathways to Recovery; Osvaldo Partida, Mimi Swift, public; Arlene Ferrer, IEHP; CaSonya Thomas, Michael Schertell, Imo Momoh, Joshua Taylor, Teresa Frausto MD, Andy Gruchy, Cheryl Long, André Bossieux, Michael Oliver, David Denkers, Doug Fazekas, Sherwin Farr, Mariann Ruffolo, Michelle Dusick, Michelle Dusick, Jon Buffong, Tracy Bomberger; Lauretta Ross, Doris Turner, Melissa McDonald, Lariss Crossno, Karen Cervantes, Cristina Froude, Clifford Craig, Wendi Groth, Department of Behavioral Health (DBH). Minutes recorded by Debi Pasco, Clerk of the Behavioral Health Commission

CALL TO ORDER, INTRODUCTIONS AND MINUTES FROM LAST MEETING
Chair Susan McGee-Stehsel called the meeting to order at 12:03 p.m. Commissioner Casas led the Pledge of Allegiance and self-introductions followed.

A motion made by Commissioner Casas and seconded by Commissioner Godager: The *7/1/13* Behavioral Health Commission (BHC) minutes were approved as written. *Motion passed; no further abstentions.*

CULTURAL COMPETENCY AWARD OF EXCELLENCE
Melissa McDonald, Mental Health Specialist, Community Crisis Response Team-**Nomination:**
Melissa works as part of a Crisis Intervention team. She is very respectful to children, teens and adults of all cultural backgrounds when she goes on field calls. She is willing to help no matter what the situation and follows up after hospital assessments to ensure that a patient was appropriately placed and gets the necessary services to support good mental health. Melissa is very patient with consumers and colleagues. Another team member described her work on a field response, stating that she "displayed incredible patience and warmth".
CONGRATULATIONS, MELISSA!

PUBLIC COMMENTS
Patricia Turner appreciates the support she receives form Pathways to Recovery and the Department of Behavioral Health.

Linda Hart, President African American Mental Health Coalition thanked DBH for their support during the recent graduation of the African American community outreach workers.

CHAIRPERSON'S REPORT
As Chairperson Susan McGee-Stehsel traveled through multiple states this summer she was amazed to find that the Mental Health Services Act and Director Thomas's leadership has put San Bernardino County way ahead in mental health

awareness and the depth of consumer involvement. Susan attended the Community Vital Signs (CVS) Summit in July and looks forward to the next Summit in November. CVS is a community health improvement framework jointly developed by county residents, organizations and government and is a great opportunity to integrate mental health into the healthcare system.

COMMISSIONERS' REPORTS

First District:

Commissioner Gonzales participates in a community ministry, Voice in the Desert, which teaches spiritual and mental wellness to individuals. He visited Serenity Clubhouse and donated clothes and jewelry for bingo prizes.

Commissioner Swift participates on the new Substance Use Disorder Taskforce meeting on the 4th Wednesday of the month at the Mesa Clinic in Rialto. Additional representatives are needed at the table.

Second District:

Commissioner Farr attended the NAMI National Convention in Texas. She visited the Orange County Wellness Center, which includes a training institute that offers college credit classes. She recently attended her 65th class reunion!

Commissioner Alonso participated in the Full Service Partnership (FSP) graduation at Upland Community Counseling. The ten graduates spoke about their continued recovery process. She looks forward to the clinic moving to a new location in about a year, where the Clubhouse will be much larger.

Third District:

After the summer break, Commissioner Massa has resumed classes towards a Bachelor's Degree. The next Substance Use Disorder Taskforce will focus on the establishment of a vision and mission statement. He's attending the Disability Collaborative Conference at the San Bernardino Hilton on 9/17/13.

As a consumer, Commissioner Mondragon spent time in the hospital in July. He thanked Commissioner Alonso for her support during this time. He attended the NAMI CA conference in August, participating in a police officer training workshop. He also participated in a NAMI on campus workshop, so he is already planning activities for next year's celebration of May Mental Health month

Fourth District:

Due to his prominent role in DBH, Vice Chair Wilson introduced Imo Momoh, the new DBH Cultural Competency Officer. Mr. Momoh comes from Contra Costa County where he served as the Ethnic Services and Workforce Education Training Manager. He looks forward to meeting and working with community partners in San Bernardino County.

Vice Chair Wilson stated that each member of the Board of Supervisors hosted Community Vital Signs (CVS) engagement forums with leaders in their Districts to identify problems, and collectively determine the best course of action to address the health needs of county's residents and communities. The Center for Disease Control acknowledged San Bernardino County for their CVS efforts.

Commissioner Casas attended the Chino Freedom Court, which honors veterans from all branches and recognizes those with mental health challenges. STAR testing will no longer be used for student assessment; Core Curriculum is the new model. It is unknown at this time how it will affect students with mental health or special education issues. He thanked everyone who participated in the workforce development survey.

Chair McGee-Stehsel provided Secretary Moreno's report. Secretary Moreno has been conducting local jail visits. She recognized André Bossieux for his assistance in placing individuals experiencing mental health issues and homelessness.

The Education Committee met this morning; goals and objectives will be discussed at the next meeting on 10/3/13 at 9am in Conference Room F119-120. Commissioner Monica Wilson was nominated as a White House Champion of Change for Public Health and Prevention.

Fifth District:
Commissioner Godager attended the CA Senior Legislature Caucus for San Bernardino/Riverside counties that was held at the Twin Peaks Senior Center.

Treasurer Jews enjoyed the NAMI CA Conference in Burlingame where she was able to engage with people of like minds. Workshops included: Families In Crisis- reminding caregivers to stay calm when calling law enforcement for assistance with someone in crisis. The Inland Empire Concerned African American Churches is hosting a community physical and mental wellness festival on 11/9/2013, from 10am-3pm at the New Hope Family Life Center. The 5th District Advisory Committee meeting will be held on 9/23/13, at 5:30pm also at the New Hope Family Life Center.

Board of Supervisors:
Supervisor James Ramos stated that the Third District has been engaged in Community Vital Signs round table discussions with community leaders to shed light on the health and wellness needs of residents. The Behavioral Health Commission (BHC) and the Department of Behavioral Health (DBH) has his office's full support.

DIRECTOR'S REPORT
Director Thomas commended Commissioners Gonzales, Mondragon and Alonso on their advocacy, courage and commitment to address stigma.

As you may recall in April 2013, a major provider in the Morongo Basin announced they would cease operations effective 6/30/13. DBH has been able to partner with other providers to continue services in this area. The Crisis Walk-In Center in Morongo Basin open house was held on 10/3/13. Attendees included law enforcement, city council members, High Desert Medical Center and members of the public.

September is National Recovery Happens month. Events planned include:
- 9/14/13 – Recovery Happens event from 9am-3pm at Sylvan Park in Redlands: Supervisor Ramos will provide opening remarks
- 9/24/13 – Recovery Happens Resource Fair from 9am-1pm at County Government Center

Four counties were randomly selected for a Mental Health Services Act (MHSA) review to identify performance measures and outcomes. The positive results of the review demonstrate the commitment of DBH to the principles of openness and accountability. DBH is pleased that the audit report reflects no findings for San Bernardino County. The review recognized DBH complied with state regulations and MHSA funds were used for intended purposes. Director Thomas thanked the Board of Supervisors for their confidence that DBH is making a difference in the community. She recognized DBH staff for all their hard work and the BHC for their activism.

EDUCATIONAL PRESENTATION: Intensive Children's Services
Michael Schertell, Deputy Director, stated that DBH is required to treat all children/youth who meet medical necessity under the following guiding principles:
- Children should be served in the least restrictive environment
- Children should be served in collaboration with family and community involvement.

Less Intensive Services-require parental approval and involvement:
- Children who do not meet medical necessity are treated by primary care physician.
- Student Assistance Program-DBH trains school staff to recognize mental health issues and trauma

More Intensive Services-

- School Age Treatment Services-DBH trains school staff to refer students to higher level services; DBH count or contract providers, Transitional Age Youth program for ages 15-21, Screening Assessment Referral & Treatment fo ages 0-5.
- Children's Intensive Services program-case management work to find solution at home
- Therapeutic Behavioral Services-home based services: coaches are able to spend time in the classroom to manage disturbances.

Placement Agency Required

- SB163 Wraparound–Children and Family Services contracts
- Children's Residential Intensive Services–group home setting where all decisions are made as a group; the state is looking to duplicate our model in other counties..
- Juvenile Justice Program-average length of stay 26 days to 1 year; includes meds and crisis services
- Community Treatment Facility-4 children placed this year
- Psychiatric Hospitalization-Canyon Ridge and Loma Linda Hospital, in San Bernardino County, accept children. Riverside and Inyo counties do not have hospitals that accept children/youth so they use our facilities also.

NEW BUSINESS

A motion made by Commissioner Farr and seconded by Commissioner Wilson: Commissioners Godager, Jews, Alonso and Massa were nominated to participate on the Holiday Tea Awards Selection Committee.

OUTISIDE AGENCY AND OTHER REPORTS

Karen Cervantes, DBH Public Information Office, announced the following events:

- 10/1/13: San Bernardino County Homeless Partnership Project Connect will be held at The Rock Church and World Outreach in San Bernardino.
- Wellness Triathlon events
    - 10/19/13:Miniature Golf at Fiesta Village in Colton
    - 11/2/13: NAMI Walks Diamond Valley Lake, Hemet
    - 12/18/13: Talent and Awards Night

May Farr announced:

- 9/18/13: San Bernardino and Riverside County's NAMI Walk Kick-Off Luncheon with will be held at Benedict Castle
- 9/27/13: Hispanic Heritage Month Celebration will be held a CSBHS Auditorium in Rialto

ADJOURNMENT

Today's meeting adjourned at 1:59 p.m.

Susan McGee-Stehsel
Chair

Debi Pasco
Clerk of the Behavioral Health Commission