County of San Bernardino

Behavioral Health Commission
268 W. Hospitality Lane, Suite 400 • San Bernardino, CA 92415 • (909) 382-3133 • Fax (909) 382-3105

CaSONYA THOMAS, MPA, CHC
Director

Tab 10 ***TRAVEL AND ATTENDANCE***

	DATE/ TIME	EVENT	LOCATION	REQUEST TO ATTEND	BOS APPROVAL
a	Oct 2013	Calendar of Events	Refer to calendar	N/A	No
b	Oct 2013	District Advisory Committee Meetings	Refer to schedule	N/A	No
c	Thur 10/3/13	STAY Grand Opening, Crisis Residential Treatment Center	The STAY 780 E. Gilbert St San Bernardino, CA 92415	N/A	No
d	Sun 10/13/13	8th Annual West End Community Health & Wellness Fair	Our Lady of Guadalupe Church, 710 S. Sultana Ave. Ontario, CA 91764	N/A	No
e	Sat 11/9/13	Inland Empire Concerned African-American Churches Physical and Mental Health Wellness Festival	New Hope Family Life Center 1505 W. Highland Ave. San Bernardino, CA 92411	N/A	No
f	Thur 11/14/13	Community Vital Signs 2013 Live Well, Age Well Summit	Orange Show Events Center 689 S E Street San Bernardino, CA 92408	N/A	No
	2013 Behavioral Health Wellness Triathlon Events				
g	10/19/13	Miniature Golf Extravaganza	Fiesta Village 1405 E. Washington Street Colton, CA 92324	N/A	No
	11/2/13	NAMI Walks	Diamond Valley Lake 2615 Angler Ave Hemet, CA 92543	N/A	No
	12/18/2013	Talent Show and Awards Night	Health Services – Auditorium 850 E. Foothill Blvd Rialto, CA 92376	N/A	No

****Out of county travel requires Board of Supervisors approval. Please notify Debi of your attendance 60 days in advance to complete the necessary paperwork.***

GREGORY C. DEVEREAUX
Chief Executive Officer

Board of Supervisors
ROBERT A. LOVINGOOD.....First District
JANICE RUTHERFORD.....Second District
JOSIE GONZALES.....Fifth District
JAMES RAMOS.....Third District
GARY C. OVITT.....Fourth District

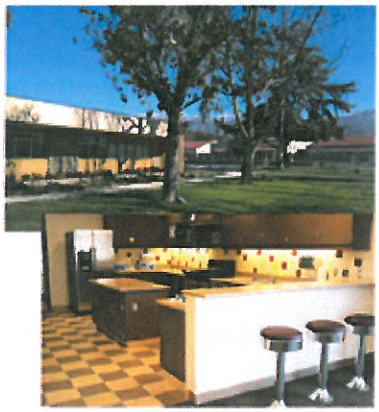
You're invited to be our guest at the

Grand Opening of

The STAY

Crisis Residential Treatment Center in San Bernardino
Thursday, October 3, 2013, 3:00–4:30 p.m.

The County of San Bernardino Department of Behavioral Health and Valley Star Crisis Residential Treatment Center invite you to the Grand Opening of The STAY.



This is a short-term, 14-bed center for Transition Age Youth (TAY) in crisis. This new facility helps young people safely and successfully transition back to community living after a period of psychiatric crisis and recovery. It is one of the only centers of its kind in the state.

Please mark your calendar and join us for a guided tour and for the Grand Opening Celebration with catered refreshments and inspiring stories.

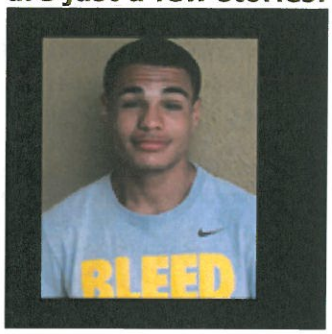
Please RSVP by September 27, 2013 to (909) 763-4760 x 112 or email mvega@starsinc.com

A few of our Stories...

"When I got out of foster care, and served my time for my mistakes, The STAY was my only option to turn to. Since I have been in the program, I have noticed many changes...
I have learned how to take deep breaths when I am angry, think before I speak, focus on myself ... and how to stay out of situations such as verbal

"Before I was welcomed into the STAY Program, I was very unstable on my medication and very rude to people. I was

Since The STAY opened last spring, many people have been helped. Here are just a few stories:



"When I came to The Stay I had a lot of problems to solve in my life. I came from a homeless shelter and had just graduated from high school. Overall I learned a lot about myself in therapy. I was able to learn how to control myself, why I do the things I do, and it helped me understand my behaviors." For more.

Selvaughn K.

"When I came to the STAY Program I was very depressed, very angry, anxious, and lost. I knew I needed help but I did not know how to get it. My coping skills were doing drugs, drinking alcohol, and

BEHAVIORAL HEALTH

Promoting Wellness, Recovery and Resilience

SEPTEMBER

October 2013

NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 a.m. - 3:00 p.m. SB Project Connect The Rock Church 2345 S. Waterman Ave., San Bernardino, CA 92408	**2**	**3** 12:00 - 2:00 p.m. Behavioral Health Commission Meeting – CSBHS (850 E. Foothill Blvd., Rialto) 3:00 – 4:30 p.m. The Stay Open House, 780 E. Gilbert St., San Bernardino, CA 92415	**4** 10:00 a.m. - 2:00 p.m. Goodwill Health Fair 8120 Palm Lane, San Bernardino, CA 92410	**5**
6 9:00 a.m. - 2:00 p.m. Bi-National Health Fair Mexican Consulate 293 D. Street San Bernardino, CA 92401	**7**	**8** 10:00 – 11:00 a.m. Asian Pacific Islander (API) Coalition Meeting , DBH Training Institute 1950 S. Sunwest Lane, Suite 200, San Bernardino, CA 92415	**9**	**10** 3:00 p.m. – 5:00 p.m. 2nd & 4th District Advisory Committee, Rancho Cucamonga Family Resource Center 9791 Arrow Route, Rancho Cucamonga, CA 91730	**11**	**12** 9:00 a.m. – 1:00 p.m. Rialto Fire Station 201 Open House, 131 S. Willow Avenue, Rialto, CA 92376
13 9:00 a.m. -2:00 p.m. Health and Wellness Fair, Our Lady of Guadalupe Church 710 S. Sultana Ave., Ontario, CA 91761	**14** 2:00 – 3:00 p.m. High Desert African American Mental Health Coalition, Victor Valley Clubhouse, 12625 Hesperia Rd., Suite B, Victorville, CA 92395 3:00 – 4:00 p.m. Veteran's Sub Committee San Bernardino Civic Building Information: Jaime Gonzalez 909-252-4003	**15** 2:00 – 3:00 p.m. Native American Awareness Committee Native American Resource Center Riverside-San Bernardino County Indian Health, Inc, 2210 E. Highland Ave., Suite 101 & 102, San Bernardino, CA 92404	**16** 11:00 a.m.– 12:00 p.m. 1st District Advisory Committee Victorville Behavioral Health Center, Room A-11 12625 Hesperia Road Victorville, CA 92395 10:00 – 11:00 a.m. Disabilities Sub-Committee DBH Training Institute 1950 Sunwest Lane, Ste. 200, San Bernardino, CA 92408	**17** 9:00 – 11:00 a.m. CPAC Meeting, CSBHS, 850 Foothill Blvd., Rialto 1:00 - 2:30 p.m. CCAC Meeting – CSBHS 2:30 – 3:30 p.m. COSAC Meeting – CSBHS	**18** 10:00 a.m. – 2:00 p.m. Helendale Senior Health Fair, Grace Bible Church 27083 Strawberry Lane, Helendale, CA 92342	**19** 10:00 a.m. – 2:00 p.m. ARMC Safety Fair 400 N. Pepper Ave., Colton, CA 92324 10:00 a.m. DBH Miniature Golf Extravaganza, Fiesta Village 1405 E. Washington St., Colton, CA 92324
20	**21**	**22** 12:30 – 1:30 p.m. LGBTQ Sub-Committee Rotating Meeting Location Please Contact Ami Davis for more information: 760-885-6795	**23** Two day event 23-24 10TH Anniversary Statewide Conference, Integrating Substance Use, Mental Health and Primary Care Services, Hilton Universal City Hotel, Universal City, CA 91608 www.uclaisap.org/cod	**24** 10:00 – 11:00 a.m. Latino Health Coalition El Sol Neighborhood Educational Center Information: 909-884-3735	**25**	**26**
27	**28** 5:30 - 7:30 p.m. 5th District Advisory Committee - New Hope Family Life Center 1505 W. Highland Ave., San Bernardino, CA 92411	**29**	**30**	**31**	**10 Cont'd** 5:00 – 6:30 p.m. Mentone Family Resource Fair, Mentone Elementary School, 1320 Crafton Ave. Mentone, CA 92359	

For further information contact: ***Karen Cervantes @ (909) 382-3118***

County of San Bernardino
Behavioral Health Commission

District Advisory Committee (DAC)

The County of San Bernardino Behavioral Health Commission is divided into five separate areas consistent with the five supervisory districts of the county. Additionally, each division has a sub-committee known as a District Advisory Committee (DAC).

The primary responsibility of the DAC is to provide the Department of Behavioral Health, through the Behavioral Health Commission, feedback on the unmet needs of the community for behavioral health services within the area and countywide. The DAC provides demographic data and other important information regarding the community and its resources.

SEPTEMBER DAC MEETINGS

First District

Date: October 16, 2013
Time: 11:00 a.m.—12:00 p.m.
Place: Victorville Behavioral Health
Address: 12625 Hesperia Rd., Victorville, CA 92392
Contact: Chris Croteau 760-955-7287

Second District

Date: October 10, 2013
Time: 3:00 p.m.—5:00 p.m.
Place: Rancho Cucamonga Family Resource Center
Address: 9791 Arrow Rte., Rancho Cucamonga, CA 91730
Contact: Yolanda Romero 909-854-3440

Third District

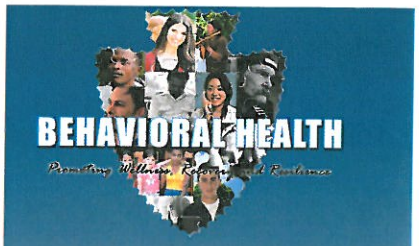
Date: Information Not Available
Time:
Place:
Address:
Contact: Debbi Cazarez 909-387-7219

Fourth District

Date: October 10, 2013
Time: 3:00 p.m.—5:00 p.m.
Place: Rancho Cucamonga Family Resource Center
Address: 9791 Arrow Rte., Rancho Cucamonga, CA 91730
Contact: Yolanda Romero 909-854-3440

Fifth District

Date: October 28, 2013
Time: 5:30 p.m.—7:30 p.m.
Place: New Hope Family Life Center—Auditorium
Address: 1505 W. Highland Ave., San Bernardino, CA 92411
Contact: Crista Wentworth 909-421-4606



BEHAVIORAL HEALTH COMMISSION

Susan McGee-Stehsel,
Chair, Fifth District

Monica Wilson,
Vice Chair, Fourth District

Akin Merino,
Secretary, Fourth District

Veatrice Jews,
Treasurer, Fifth District

Gabriel Gonzales,
First District

William Swift,
First District

Michael Grabhorn,
First District

May Farr,
Second District

Monica Alonso,
Second District

Christopher Massa,
Third District

Troy Mondragon,
Third District

Roberto Casas,
Fourth District

Jane Ann Godager,
Fifth District

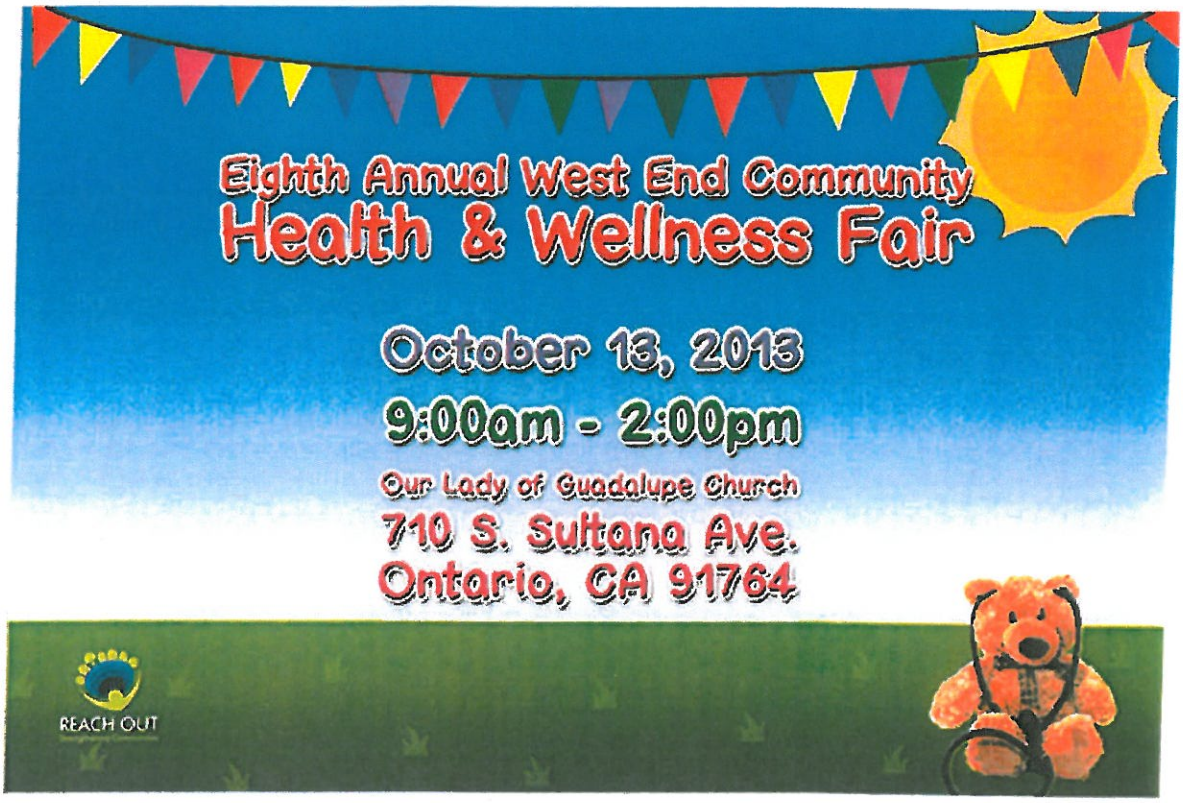
Supervisor James Ramos
Third District

Clerk of the Commission
Debi Pasco
268 W. Hospitality Lane, Suite 400
San Bernardino, CA 92415-0026
e-mail: dpasco@dbh.sbcounty.gov
Office: (909) 382-3134
Fax: (909) 382-3105

For minutes of the DAC meetings: http://www.sbcounty.gov/bhcommission

Pasco, Debi DBH

Subject: FW: Reach Out Events



Hello Community Partner,

Reach Out is pleased to invite you to partner with us for our **8th Annual West End Community Health and Wellness Fair on Sunday, October 13th, 2013**. This year, the fair will again be held at Our Lady of Guadalupe Church in the city of Ontario from 9:00 am to 2:00 pm. This is a great opportunity for community members to learn about available - *often underutilized*- services and free onsite screenings from local agencies.

In 2012, we were able to provide over 1,200 health screenings and serve more than 2,500 community members. This year, we strive to reach even more children, parents and seniors than during the past 7 years!

To be a vendor click here. If you would like to participate or provide a screening at your earliest convenience, please fill out the application and **return by fax or email.**

Tables and chairs are provided free of charge. However, due to limited resources it is highly recommended that you bring a canopy (this is an outside event). Electricity provided upon request to those providing a service.

12th Annual

Inland Empire Concerned African-American Churches

Community Health Promotion & Disaster Preparedness Festival 2013

"Physical and Mental Wellness"

Saturday, November 9, 2013 from 10:00am to 3:00pm
New Hope Family Life Center
1505 W. Highland Ave, San Bernardino, CA 92411

Free Bags of Groceries Giveaway as long as the bags last !

Learn About :

Community Emergency Response Team (CERT) Training

Getting involved in Disaster Preparedness for your church and community

"Get A Kit" "Make A Plan" "Be Informed"

Learn how emotions and mental health greatly affects overall health and well being

Neutralizing the stigma and discrimination often associated with mental health challenges

Chronic Disease Prevention : Diabetes, High Blood Pressure & Heart Disease

Information on adapting Healthy Lifestyle Behavioral : Physically, Mentally and Nutrition wise

What you need to know to enroll in Covered California, Medicare & Medi-Cal changes

Expungement Program

Clean Up Your Criminal Record with Free Legal Assistance

Come Learn about Healthy Eating Habits!

FOOD DAY

For more information call Veatrice Jews (909) 518-5170 or
e-mail: vjews@msn.com

Free Health Screenings :

Blood Pressure
Diabetes
HIV
Cholesterol Testing

Kidz Zone
Bring the Kids!
Train Ride / Face Painting
Giant Bouncer
Reading Pods
Public Health Nutrition Olympics
Carnival Games
Martial Arts Demo

Community Vital Signs Initiative
County of San Bernardino

Live Well Age Well

Save The Date

Thursday
November
2013
14

7:30 a.m. 5:00 p.m.

2013 Live Well, Age Well Summit

National Orange Show Events Center San Bernardino, California

Collaborate with stakeholders from multiple sectors, provide input on priorities that emerged from Community Engagement meetings, and begin our next steps to identify:

- Practices for healthy living and aging
- Models for achieving our health goals
- Strategies that turn good health into good business

Please mark your calendar and join us for this inaugural event!
More Details to follow.

Register here **Click Now**

Presented by

The San Bernardino County Community Vital Signs Initiative
in partnership with the Senior Affairs Commission – Healthy Aging Committee

San Bernardino Countywide Vision
It's Up To Us!

2013 Behavioral Health Wellness Triathlon

You can make a difference...

Take part in the 2013 Behavioral Health Wellness Triathlon and help reduce stigma by promoting teamwork amongst consumers, family members and staff.

The Wellness Triathlon is comprised of the following three events:

GOLF

Create or join a team today and earn your team a pass to wear JEANS to WORK for an entire week!

Miniature Golf Extravaganza
Saturday, October 19, 2013
Begins at 10:00 a.m.
Fiesta Village
1405 East Washington Street
Colton, CA 92324

2012 1st Place Winner:
Serenity Clubhouse

WALK

NAMI Walks
Saturday, November 2, 2013
Begins at 8:00 a.m.
Diamond Valley Lake
2615 Angler Avenue
Hemet, CA 92543

2012 1st Place Winner:
Amazing Place

TALENT

Talent and Awards Night
Wednesday, December 18, 2013
5:00 p.m. - 8:30 p.m.
Health Services - Auditorium
850 East Foothill Boulevard
Rialto, CA 92376

2012 1st Place Winner:
TEAM BAM Training Institute

Cost is just $10 per person! This includes UNLIMITED miniature golf, dinner during talent night and trophies! Costs are due to team captain no later than October 4, 2013

For more information please call Victoria Hall at 909-382-3167 or 7-1-1 for TTY users.

County of San Bernardino | Department of Behavioral Health

Rev 8/13

Miniature Golf Extravaganza * 2013 NAMI Walks * Talent and Awards Night