## Recovery, Resiliency and Wellness US + THEM = WE

An experiential presentation facilitated by the Cultural Advisory Committee and Consumer and Family Members Awareness Subcommittee

Presented by:

Lauretta Ross, PFA III

Keynote Speaker

Cheryl Placide, DBH Clinic Supervisor

**Date: June 20, 2016** 

Time: 1:00 - 5:00 p.m.

Place: One Stop TAY Center

780 E. Gilbert Street

San Bernardino, CA 92415

By the end of this training, attendees should have an increased awareness of and be able to:

- 1. Define and understand recovery, resilience and transformation.
- 2. Explore the past history of the "Medical Model".
- 3. Explore the "Recovery Model".
- 4. Examples of how to "Walk in the Recovery Model".

## To register:

Log in to Relias Learning

http://dbh.training.reliaslearning.com/

If you do not have access to Relias Learning, contact the Training Unit at (800) 722-9866 or via email at <a href="mailto:training@dbh.sbcounty.gov">training@dbh.sbcounty.gov</a> for assistance in registration.

This course satisfies <u>3</u> hours toward the DBH Cultural Competency requirement.

## **Continuing Education:**

Provider, San Bernardino County, Department of Behavioral Health, approved by the California Board of Registered Nursing, Provider # CEP-15400, for 3 contact hours.

"For further information, questions or concerns regarding Continuing Education for this course, please call (800) 722-9866 or email <a href="mailto:dbhtraining@dbh.sbcounty.gov">dbhtraining@dbh.sbcounty.gov</a>."

Note: Participation for the entire class period is required to qualify for continuing education credit; no partial credit will be awarded.









