# Recovery, Resiliency and Wellness US + THEM = WE 

An experiential presentation facilitated by the Cultural Advisory Committee and Consumer and Family Members Awareness Subcommittee

Presented by:
Lauretta Ross, PFA III

Keynote Speaker
Cheryl Placide, DBH Clinic Supervisor

Date: June 20, 2016
Time: 1:00-5:00 p.m.
Place: One Stop TAY Center
780 E. Gilbert Street
San Bernardino, CA 92415

By the end of this training, attendees should have an increased awareness of and be able to :

1. Define and understand recovery, resilience and transformation.
2. Explore the past history of the "Medical Model".
3. Explore the "Recovery Model".
4. Examples of how to "Walk in the Recovery Model".

To register:
Log in to Relias Learning
http://dbh.training.reliaslearning.com/
If you do not have access to Relias Learning, contact the Training Unit at (800) 722-9866 or via email at training@dbh.sbcounty.gov for assistance in registration.

This course satisfies $\underline{3}$ hours toward the DBH Cultural Competency requirement.

## Continuing Education:

Provider, San Bernardino County, Department of Behavioral Health, approved by the California Board of Registered Nursing, Provider \# CEP-15400, for 3 contact hours.
"For further information, questions or concerns regarding Continuing Education for this course, please call (800) 722-9866 or email dbhtraining@dbh.sbcounty.gov."
Note: Participation for the entire class period is required to qualify for continuing education credit; no partial credit will be awarded.

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