# Motivational Interviewing Presented by Andrew Kurtz, MA, MFT

June 30, 2016 9:00 a.m. – 4:30 p.m. Registration begins ½ hour prior to start and doors close promptly at the start of training County of San Bernardino Health Services Auditorium 850 East Foothill Blvd Rialto, CA 92376

#### Learning Objectives

- Define at least three (3) key principles of Motivational Interviewing that can be utilized with clients enrolled in a community-based behavioral health treatment program.
- Compare the effectiveness of Motivational Interviewing to traditional medical approaches to counseling clients with substance use problems.
- Describe at least three micro-skills employed during Motivational Interviewing that help clients increase their motivation for change related to their substance use problems.
- Explain how to apply Motivational Interviewing techniques in typical circumstances encountered in behavioral health treatment.

## To Register:

### Log on to Relias:

### http://dbh.training.reliaslearning.com

If you need assistance with registration, please call (800) 722-9866 or email training@dbh.sbcounty.gov



Please note that all participants attending this training must be in accordance with DBH Dress Code Policy.



## **Continuing Education**

The San Bernardino County Department of Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists. The San Bernardino County Department of Behavioral Health maintains responsibility for this program and its content. This course is approved for  $\underline{6}$  continuing education credits for psychologists.

#### BBS:

APA:

San Bernardino County Department of Behavioral Health, provider #3766. This course meets the qualifications for <u>6</u> hours of continuing education credit for MFTs, LPCC's, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences.

#### CBRN:

San Bernardino County Department of Behavioral Health provider, approved by the California Board of Registered Nursing, Provider # CEP-15400, for  $\underline{6}$  contact hours.

<u>CAADE</u>: San Bernardino County: Department of Behavioral Health, provider approved by CAADE, Provider Number CP10 872 C 0712 for <u>6</u> CEs.

"For further information, questions or concerns regarding Continuing Education for this course, please call (800) 722-9866 or email <u>training@dbh.sbcounty.gov</u>."

Note: Participation for the entire class period is required to qualify for continuing education credit, no partial credit will be awarded. CE Credit is only awarded for actual attendance time.

Clinical Staff encouraged to attend



For alternate communication methods please call 800-722-9866

www.SBCounty.gov