

# Maternal Mental Health Training – 8 Hour Course

Presented by Katayune Kaeni, Psy.D

Diana Lynn Barnes, Psy.D., LMFT - Psychology of Pregnancy

Erin Murphy Barzilay, MD - Medication in Pregnancy and Postpartum



June 1, 2016

8:00 am – 4:00 pm

County of San Bernardino Health Services  
Auditorium

850 East Foothill Blvd., Rialto, CA 92376

- Registration begins ½ hour prior to start and doors close at the start of training
- Attendees must attend the entire training session.
- Participation for the entire class is required to qualify for continuing education credit; no partial credit will be awarded. CE Credit is only awarded for actual instructional time.

## Learning Objectives

- Describe the complex factors that can contribute to the development of a Perinatal Mood and Anxiety disorder (PMAD).
- Explain how attachment and loss impact the mother, the family and the infants' development.
- Analyze the basics of medication use during pregnancy, postpartum and breastfeeding.
- Compare treatment modalities and techniques for the treatment of PMAD's.
- Explain how to implement Maternal Mental health sensitive treatment into the county clinics.

**To Register:** Log on to Relias: <http://dbh.training.reliaslearning.com>

If you need assistance with registration, please call (800) 722-9866 or email: [training@dbh.sbcountry.gov](mailto:training@dbh.sbcountry.gov)

## Continuing Education - PENDING

### **APA:**

The County of San Bernardino Department of Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists. The County of San Bernardino Department of Behavioral Health maintains responsibility for this program and its content. This course is approved for 0 continuing education credits.

### **BBS:**

County of San Bernardino Department of Behavioral Health, provider #3766. This course meets the qualifications for 0 hours of continuing education credit for MFTs, LPCC's, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences.

### **CBRN:**

County of San Bernardino Department of Behavioral Health provider, approved by the California Board of Registered Nursing, Provider # CEP-15400, for 0 contact hours.

**CAADE:** County of San Bernardino: Department of Behavioral Health, provider approved by CAADE, Provider Number CP10 872 C 0712 for 0 CEHs.;

### **Cultural Competency:**

This course meets 0 hours of the DBH Cultural Competency requirement.

"For further information, questions or concerns regarding Continuing Education for this course, please call (800) 722-9866 or email [dbhtraining@dbh.sbcountry.gov](mailto:dbhtraining@dbh.sbcountry.gov)."

**Note: Participation for the entire class period is required to qualify for continuing education credit, no partial credit will be awarded.**

**Please note that all participants attending this training must be in accordance with DBH Dress Code Policy**



For alternate communication methods please call 800-722-9866



Behavioral Health

[www.SBCounty.gov](http://www.SBCounty.gov)