



Cultural Diversity and Wellness

May 24, 2016

8:00 am — 10:00 am

Mariposa Community Counseling—Room 168

2940 Inland Empire Blvd. Ontario, CA 91764

Objectives:

- ◆ Increase understanding of the impact of language and culture on service or help-seeking behaviors.
- ◆ Learn steps to developing cultural competency to enhance interactions and communication with clients and colleagues from different cultures.
- ◆ Apply knowledge to promote competent interaction with Asian/ Pacific Islander and Latino individuals.
- ◆ Identify at least three coping strategies to reduce or manage stress.
- ◆ Identify at least two techniques to deal with challenging/emotional situations and to prevent “burn out”.

DBH Staff and Contract Providers please register on Relias Learning at <http://dbh.training.reliaslearning.com> or call (800) 722-9866 for assistance. Community Partners please R.S.V.P. to: cultural_competency@dbh.sbcounty.gov

For questions, interpretation services or requests for disability-related accommodations, please contact Jonathan Buffong at (909)386-8234 via email at Jonathan.Buffong@dbh.sbcounty.gov or 7-1-1 for TTY users. Please request accommodations at least 7 business days prior to the event. This event qualifies for 4.0 DBH Cultural Competence training hours.

For further information, questions or concerns regarding Continuing Education for this course, please call (800) 722-9866 or email dbhtraining@dbh.sbcounty.gov

Note: Participation for the entire class period is required to qualify for continuing education credit, no partial credit will be awarded.

CE Credit is only awarded for actual instructional time.

Please note that all participants attending this training must be in accordance with the DBH Dress Code Policy.

