



THE TREATMENT OF DEPRESSION AND ANXIETY FROM A GESTALT PERSPECTIVE

Presented by René Keres, PsyD

Mariposa Community Counseling

2940 Inland Empire Blvd., Ontario, CA 91764
Group Room 168

September 8, 2015 - 12:00 pm – 1:00 pm

Join us for our Brown Bag Training Series.

Bring your lunch and be trained!

Learning Objectives

- The role of emotions in self-regulation
- Ways of defining depression and anxiety from a process orientation rather than diagnostic
- Implications for treatment

To Register:

Log on to Relias:

<http://dbh.training.reliaslearning.com>

If you need assistance with registration, please call
(800) 722-9866 or email training@dbh.sbcounty.gov



Clinical staff encouraged to attend

Please note that all participants attending this training must be in accordance with DBH Dress Code Policy