County of San Bernardino ▪ Department of Behavioral Health

Trauma Resiliency Model (TRM) – Level 2

Advanced TRM Training

TRM Level 1 is Required

About This Course:

The Trauma Resiliency Model (TRM) Level 2 training is a **3-day course** designed to expand on the skills learned in Level 1. In addition to reviewing the 8 TRM skills, participants will learn to apply TRM skills to group activities, learn about creating safety while completing the orienting and defensive responses, learn about attachment theory and working with children, including designing therapeutic games. Participants will also learn to incorporate art and TRM skills, and about working with global high intensity activation.

Lear ning Objectives

1. Identify one of more challenges of incorporating TRM skills into your scope of practice.
2. Describe the orienting and defensive responses.
3. Identify the neuroscience of attunement in the capacity for attachment.
4. Identify 2 or more predictive factors for the development of PTSD in children.
5. Demonstrate one way to create safety with the client and enhance capacity for social engagement.
6. Identify ways to incorporate art exercises in with TRM skills.

Additional learning objectives may be obtained by phone or email at: 800-722-9866 or training@dbh.sbcounty.gov

All presenters are approved TRM trainers. Names and credentials are available 4 weeks prior to training date, please call 800-722-9866 for information.

Register Now!

Log on to Relias Learning

If you need assistance with registration, please contact the Training Institute!

When: 6/3/14, 6/11/14, 6/19/14

Time: 8:00 AM – 4:00 PM

Where: DBH-Training Institute

Continuing Education Information

APA: San Bernardino County Department of Behavioral Health is approved by the American Psychological Association to sponsor **19.5 hours of continuing education** for psychologists. San Bernardino County Department of Behavioral Health maintains responsibility for this program and its content.

BBS: San Bernardino County Department of Behavioral Health, board-approved provider number 3766. Course meets the qualifications for **17 hours** of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences.

CBRN: Provider approved by the California Board of Registered Nursing Provider Number CEP 15400, for **24 hours**.

Note: Participation for the entire class is required to qualify for continuing education credit, no partial credit will be awarded.

Please note that all participants attending this training must be in accordance with DBH Dress Code Policy

BEHAVIORAL HEALTH

For alternate communication methods please call 800-722-9866