

County of San Bernardino Department of Behavioral Health's
Veteran's Awareness Sub-Committee in Partnership with the
Department of Veterans Affairs presents:

Mental Health Issues Affecting Veterans and their Families

Post Traumatic Growth

Presented by: Dr. Nancy Farrell

Objectives

- Define post-traumatic growth and resilience.
- Explain how post traumatic growth and post traumatic stress disorder differ.
- Identify the main principles/characteristics of post traumatic growth.
- Explain how you might use the principles/characteristics to foster post traumatic growth in Veterans & others.
- Describe five general areas of post traumatic growth.
- Explain what is meant by "turning the table on trauma".

Location: 1950 South Sunwest Ln., Suite 200

San Bernardino, CA 92415

Date: July 21, 2014

Sign In: 8:30 a.m. - 9:00 a.m.

Time: 9:00 a.m. - 12:00 p.m.

CEU INFORMATION

BBS: The San Bernardino County Department of Behavioral Health, Provider #3766. This course meets the qualifications for 2.25 hours of continuing education credit for MFTs, LPCC's, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences. **CAADE:** The County of San Bernardino: Department of Behavioral Health, provider approved by CAADE, Provider Number CP10 872 C 0712 for 3 .00 CEHs. **Psychologist 2.75 CE Credits:** The San Bernardino County Department of Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists. The San Bernardino County Department of Behavioral Health maintains responsibility for this program and its content. This course is approved for continuing education credits **2.75 CBRN CEU Credits:** *Provider, The San Bernardino County, Department of Behavioral Health, approved by the California Board of Registered Nursing, Provider # CEP-15400, for 2.75 contact hours.* **Cultural Competency** This course meets 3 hours of the DBH Cultural Competency requirement.

Note: Participation for the entire class period is required to qualify for continuing education credit; no partial credit will be awarded.



For questions, concerns, interpretation services or requests for disability-related accommodations, please contact Patricia Verduzco at (909) 252-4052, via email at Patricia.Verduzco@dbh.sbcounty.gov or 7-1-1 for TTY users. Please request accommodations at least 7 business days prior to the event.