

County of San Bernardino Department of Behavioral Health Presents:

Motivational Interviewing: An Introduction presented by Joy Chudzynski, Psy.D.



July 15, 2014 9:00 am - 4:30 pm

(Registration begins 1/2 hour prior to start time and doors close promptly at the start of training.)

County of San Bernardino Health Services (formerly BHRC) — Auditorium 850 E. Foothill Blvd Rialto, CA 92376

Please note that all participants attending this training must be in accordance with the DBH Dress Code Policy.

Riverside County please email training@dbh.sbcounty.gov to register!



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Log onto Relias Learning
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(800) 722-9866 or email
Training@dbh.sbcounty.gov

At the conclusion of the training, participants will be able to:

Define at least three (3) key principles of Motivational Interviewing that can be utilized with clients enrolled in a community-based behavioral health treatment program.

Compare the effectiveness of Motivational Interviewing to traditional medical approaches to counseling clients with substance use problems.

Describe at least three micro-skills employed during Motivational Interviewing that help clients increase their motivation for change related to their substance use problems.

Explain how to apply Motivational Interviewing techniques in typical circumstances encountered in behavioral health treatment.

Psychologist CE Credits:

County of San Bernardino Department of Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists. The County of San Bernardino Department of Behavioral Health maintains responsibility for this program and its content. This course is approved for <u>6</u> continuing education credits. **BBS:**

County of San Bernardino Department of Behavioral Health, Provider #3766. This course meets the qualifications for <u>6</u> hours of continuing education credit for MFTs, LPCC's, LEPs and/or LCSWs as required by the California Board of Behavioral Sciences.

CBRN CEU Credits:

County of San Bernardino Department of Behavioral Health, approved by the California Board of Registered Nursing, Provider # CEP-15400, for <u>6</u> contact hours.

CAADE:

County of San Bernardino: Department of Behavioral Health, provider approved by <u>CAADE</u>, Provider Number <u>CP10 872</u> <u>C 0715</u> for <u>6</u> CEUs.

Note: Participation for the entire class period is required to qualify for continuing education credit, no partial credit will be awarded.

